

What Pre-Retirees Intend to Do vs. What Retirees Actually Do

By No Author *Thu, Feb 6, 2020*

| What Pre-Retirees Intend to Do vs. What Retirees Actually Do | | |
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| Retirement Activity | Intend | Do |
| Spend time with friends and family | 42% | 70% |
| Increase leisure time | 40 | 65 |
| Travel | 39 | 37 |
| Focus on my health | 34 | 47 |
| Seek new experiences | 33 | 33 |
| Help my children and grandchildren | 27 | 45 |
| Volunteer | 25 | 27 |
| Start a hobby | 24 | 29 |
| Join a social group | 21 | 29 |
| Take a part-time job | 18 | 15 |
| Move to a new city or state | 14 | 21 |
| Start a business | 6 | 5 |
| Live abroad | 4 | 2 |
| Get involved in government | 1 | 1 |

Source: "Rethink, Rewire, Retire," Empower Institute, October 2019.