

What Pre-Retirees Intend to Do vs. What Retirees Actually Do

By No Author Thu, Feb 6, 2020

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Retirement Activity	Intend	Do
Spend time with friends and family	42%	70%
Increase leisure time	40	65
Travel	39	37
Focus on my health	34	47
Seek new experiences	33	33
Help my children and grandchildren	27	45
Volunteer	25	27
Start a hobby	24	29
Join a social group	21	29
Take a part-time job	18	15
Move to a new city or state	14	21
Start a business	6	5
Live abroad	4	2
Get involved in government	1	1
Source: "Rethink, Rewire, Retire," Empower Institute, October 2019.		